

Do you struggle to find joy at Christmas?



Christmas can be a painful time for many people. The constant refrains on radio and television, in shopping malls and churches about the happiness of the season can make us feel alone and isolated.

Because our own reality may include:

- ▶ loss of loved ones
- ▶ unemployment
- ▶ hurtful memories from Christmases past
- ▶ loneliness

We need the space and time to acknowledge our sadness; we need to know that we are not alone. We need encouragement to live the days ahead of us. We need each other.

you are welcome to be yourself here

Brantford Community Longest Night Service

When: Monday, December 21, 2020
at 7 pm

Where: Online: Link at sydenham-heritage.ca
or view later on YouTube.

Contact:

Office: 519-753-1248

Rev. Paul: 647-700-7129



**SYDENHAM-HERITAGE
UNITED CHURCH**