



**Conversation Café
Bereavement Support
Group**



Trained facilitators lead six (6) consecutive Tuesday evening sessions.

The purpose of the group is to provide:

- A place to meet others who have had a similar grief experience
- A safe, small, supportive community
- Information about loss and grief
- Opportunities to learn new ways of approaching living again
- A place to encounter new growth and balance after a death loss

Group Sessions Via Zoom:

Tuesday evenings

(6:30 – 8:00 p.m.)

February 22 and,

March 1, 8, 15, 22 and 29,
2022

To learn more and to register contact:

Jan Temple-Jones at

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by February 15, 2022